

HOW BULLYING CAUSES BRAIN DAMAGE

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- Why is the **ENVIRONMENT YOU WORK IN** one of the top factors that will determine your mental health?
- What happens to you **PHYSICALLY** when you are “**BULLIED**” ... and when **YOU ARE THE BULLY?**
- Why is the chronic distress from **BULLYING** your **#1 HEALTH RISK FACTOR** ... even more than **SMOKING?**
- What does “**BULLYING**” do **NEUROLOGICALLY** to your brain ... and exactly **HOW** will it give you serious **MENTAL DISORDERS**, such as depression, anxiety, PTSD and so on?
- Why do most human beings “**BURN OUT**” their short-term memory systems by the time they retire ... even though the neurons in our brains should last **120 YEARS!?!?**
- Why do over **75%** of all of most people retire with serious **MENTAL DISORDERS?**
- What do you need to do to protect yourself **PERSONALLY** from the devastating effects of **WORKPLACE BULLYING?**

...and **MUCH, MUCH** more...

Join Scott as he outlines why **BULLYING** and **HARASSMENT** can be so devastating to your organization and **YOU PERSONALLY**. Scott will not only show you exactly how damaging **BULLYING & HARASSMENT** is to your **BRAIN** and **MENTAL HEALTH** in his own unique, practical and humorous style ... and how to use this information **IMMEDIATELY!**

Learning Objectives

In this session, you will learn:

1. How **BULLYING** and **HARASSMENT** is your #1 threat to your **BRAIN/MENTAL HEALTH**.
2. Why **BULLYING** and **HARASSMENT** are worse for your brain than **SMOKING**.
3. How your brain will actually **REWIRE** and **REPAIR** itself back from mental disorders **IF YOU TREAT IT RIGHT**.

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Scott's Bio

Scott Warrick (www.scottwarrick.com) is a practicing Employment Law Attorney, Human Resource Professional and three-time best-selling author with over 40 years of hands-on experience. Scott uses his unique background to help organizations get where they want to go, which includes coaching and training managers and employees on site in his own unique, practical and entertaining style.

Scott combines the areas of law and human resources to help organizations in “Solving Employee Problems ***BEFORE*** They Start.” Scott’s goal is ***NOT*** to win lawsuits. Instead, Scott’s goal is to ***PREVENT THEM*** while improving ***EMPLOYEE MORALE***.

Scott’s first book, ***Solve Employee Problems Before They Start: Resolving Conflict in the Real World***, is a #1 Best Seller for Business and Conflict Resolution. It was also named by EGLOBALIS as one of the best global Customer and Employee books for 2020-2021. Scott’s next book, ***Living The Five Skills of Tolerance***, is also a #1 Best Seller in 13 categories on Amazon. His most recent book, ***Healing The Human Brain***, is an International Best Seller in 14 categories with sales in over a dozen countries worldwide.

Scott Trains Managers & Employees ON-SITE in over 50 topics, all of which are customized for each client. Scott is a national speaker who travels the country presenting seminars on such topics as Healing The Human Brain, Employment Law, Conflict Resolution, Leadership and Tolerance, to mention a few.

Scott is also a seven-time SHRM National Diversity Conference presenter. In 2023, he presented his groundbreaking “**TOLERANCE & BRAIN HEALTH**” program.

Scott’s ***MASTER HR TOOL KIT SUBSCRIPTION*** is a favorite for anyone wanting to learn Employment Law and run an HR Department.

Scott’s videos are also favorite tools for anyone wanting easy, convenient and affordable access to in-house training, including his ***SCOTT'S SUPERVISOR MASTER VIDEO SERIES*** and his ***STOP BULLYING & HARASSMENT NOW!*** video, which complies with all of the new EEOC Harassment Training Guidelines.

Scott was named one of Business First’s 20 People To Know In HR by CEO Magazine’ and a Human Resources “Superstar” in 2008. Scott also received the Linda Kerns Award for Outstanding Creativity in HR and the Ohio State Human Resource Council’s David Prize for Creativity in HR Management.

Scott’s academic background and awards include Capital University College of Law (Class Valedictorian (1st out of 233) and Summa Cum Laude), Master of Labor & Human Resources and B.A. in Organizational Communication from The Ohio State University.

For more information on Scott, just go to www.scottwarrick.com.